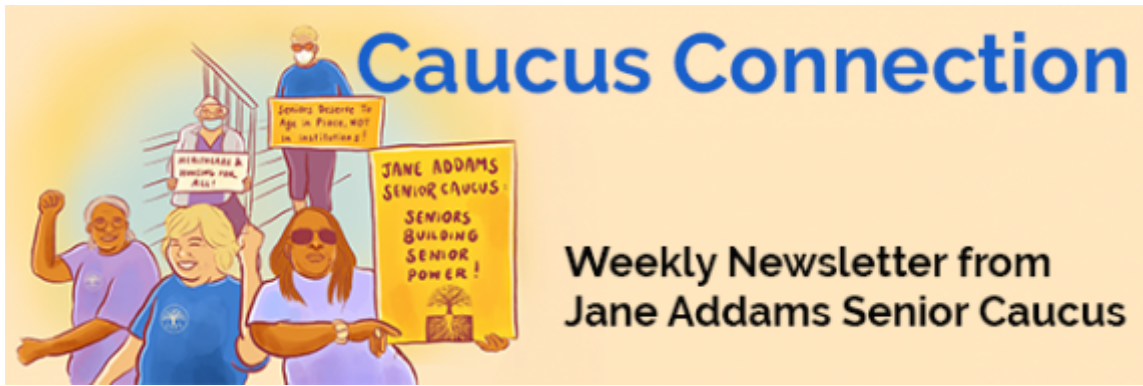


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Healthcare Coverage for Seniors, regardless of immigration status

To see if you are eligible, call: 773-751-7062.



Healthcare Coverage available for seniors regardless of immigration status

You might be eligible for health insurance through Illinois' Medicaid to cover medical expenses like visits to your doctor, medications, hospitalization, and more!

Call to see if you are
eligible: (773) 751-7062



llame para averiguar si eres
elegible: (773) 751-7062

¡La cobertura de salud está disponible para personas mayores de bajos ingresos en Illinois, independientemente de su estatus de inmigración



Featuring our Leaders



Featuring Caucus Leader and Board Member Donald M. Bell.

Excerpted from an article in [Bloomberg Law](#) by [Ayanna Alexander](#) titled LGBTQ Elders Fear Being Shoved in Closet in Nursing Care Hunt. [Click here to read the full article.](#)

Over 60% of older LGBTQ+ adults have long-term care concerns.

While caring for his aging mother, Donald M. Bell, a 72-year-old gay man, began thinking about where he would spend his twilight years.

“While mom and I were [in her long-term community], we were simply mother and son and I took care of her,” he said. “And even though we enjoyed the community and she passed away there, I quickly learned that it was just not an environment where being out about who I was was a feasible thing to do because you just didn’t know how people would react and we didn’t need the extra burden dealing with life issues anyway. So you could say it scarred me a little bit when I thought about my own situation because, listen, if you’re in what you perceive to be your final living situation, and it’s not a pleasant situation, then it gives you nothing to look forward to.”

[Click here to continue reading.](#)



JASC Care Collective & Justice in Aging Collaboration

Share your Home & Community Based Service (HCBS) Story!

The Senior Care Alliance is partnering with our allies at Justice in Aging to uplift senior stories about why home and community based services are vital for seniors to be able to age with dignity. Leading up to Older Americans month, we will be sharing member's stories on social media, with elected officials, and other allies to continue to grow momentum for the dire need for a new care infrastructure that includes HCBS. We will be collecting written stories of approx ~250 words plus a photo of you (or you and your loved one!). We can

help you write your story out
step by step!

Questions to consider:

- Share your connection: Why is it important that everyone has access to home and community based services? Do you have a personal connection of caring for a loved one, receiving care, or in need or receiving care but ineligible?
- Share a call to action: What should seniors have access to in their homes & communities? What are our demands so that all seniors have access to care?

To share your story contact Elie
at elie@seniorcaucus.org or
401-212-7133.



Food Security Resources

If you need help finding food delivery services outside of the options below, or if you know of services that deliver to more neighborhoods, please contact [Katrina](mailto:katrina@seniorcaucus.org) at katrina@seniorcaucus.org. We'll be sure to share the information in a future edition of the Caucus Connection.

49th Ward

- [Check out this website](#) for food delivery options in the 49th ward (some are applicable to other wards).

Lakeview Pantry

- Offering monthly home delivery of groceries to the following zip codes: all of 60614, 60613, 60657, 60640, and 60660, as well as the eastern parts of 60647, 60625, 60618, and 60659.
- Deliveries are only made on Saturdays.
- [Click this link](#) for more information.

Care for Real

- Free no-contact food pick up at the following locations:
 - 5339 N Sheridan Monday 4–7pm, Wednesday and Friday 9am – 12pm, & Saturday 9am – 1 pm
 - 1545 W Morse Tuesday 12– 2pm
 - 6921 N Ashland Thursday 4–6pm
- [Click this link](#) for more information.

Pilsen Food Pantry

- Free food delivery to residents who live within the following boundaries: North Avenue (north), 63rd Street (south), Central Park (west), and Cottage Grove (east).
- Call or text 773–812–3150 to see if you qualify for free delivery services.

Top Box

- Offers low-cost seasonal produce and protein delivery.
- Serves all of Cook County.
- To place an order, [click this link](#) or call (312) 527–7890, x200.
- SNAP benefits are accepted.



Caucus Healing Circles

In this difficult time we invite you to join us monthly for leader-led [Caucus Healing Circles](#).

Healing Circles are part of a rich restorative tradition from Black and Brown communities and promote healing as revolution, challenge the dominant narrative, and encourage mutual aid among participants and the wider community.

Circles provide a space for JASC members to share their stories, resiliency, fears, joys, and grief.

Through healing we find the strength to continue our work as organizers.

Join us for the next JASC [Healing Circle](#)!



Eviction Resources

- **Don't Self Evict:**
only the Cook County Sheriff's Office can carry out an eviction; your landlord cannot remove you from your home.
- **Get Legal Help:**
call 312-347-7600, visit rentervention.com, or text "hi" to 866-7RENTER.
- **Get Financial Help:**
you may be eligible for up to 15 months of assistance; check your status at chicago.gov/RentHelp
- **Connect to a Shelter:**
call 3-1-1 from anywhere in Chicago for placement.



Jane Addams
Story Collection Archive

If you haven't yet, please check out the [Senior Caucus Story Collection Archive](#).

The archive contains first hand accounts from leaders about their experience serving as caregivers, the ways they continue to fight for fair and affordable housing, and their vision for a future free from ageism, racism, and other forms of oppression.

If you would like to submit a story, email Becky@seniorcaucus.org.

[Visit the Archive](#)



IL Long-Term Care
Ombudsman Program

**Resident & Family
Support Council**

Meets every Tuesday at 3pm

The State Long-Term Care Ombudsman Program created this group to educate and connect people about issues relating to residents and families in the long-term care system.

There is time for question and answer and resource sharing at each meeting.

Agenda is determined by attendee input.

[More Info](#)

*** Helpful Resources ***



Aid Organizations

Click below for a comprehensive list of state and local resources.

[Get Help Now](#)



COVID-19 Resources

Click below for a list of resources for seniors affected by COVID-19.

[COVID-19 Aid](#)



Community Safety Toolkit

Click below for a collection of security and safety practices.

[Safety Toolkit](#)

[BECOME A SENIOR CAUCUS MEMBER TODAY!](#)

Jane Addams Senior Caucus



Jane Addams Senior Caucus is a multiracial, grassroots organization led by concerned seniors in the Chicago metropolitan area. Through leadership development, organizing and popular education, we use the power of our collective voice to work for economic, social and racial justice for all seniors and our communities.