

**JASC's Weekly Newsletter! (08/05/22)**

1 message

**Jane Addams Senior Caucus** <JASC@seniorcaucus.org>

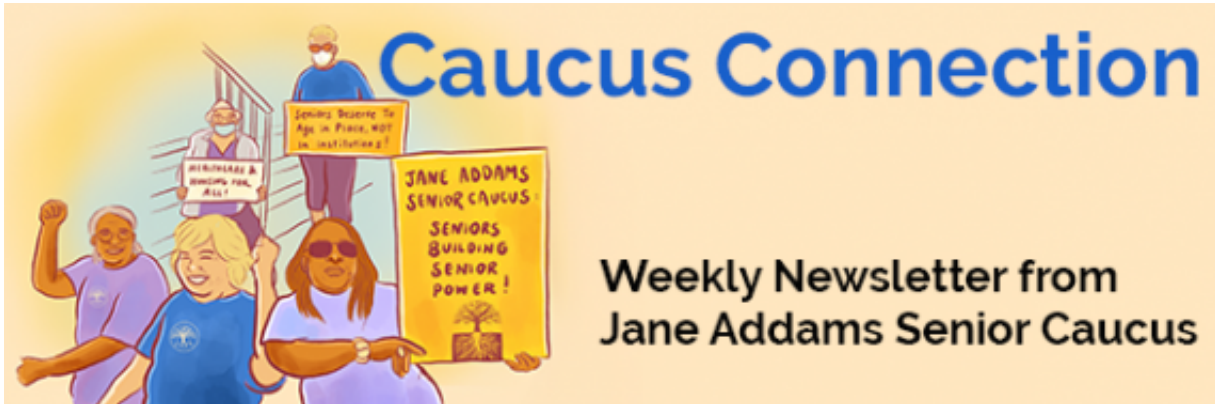
Fri, Aug 5, 2022 at 10:10 AM

Reply-To: seniorcaucus-returns+r.6219.653801.1ca8bc34554e4a44@civimail.ourpowerbase.net

To: Margaret McCall <margareteleanormccall@gmail.com>

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**Upcoming Phone Banks**



- **Tuesday, August 9th, 1–3pm** (birthday-themed in honor of Linda and Don's August 8th and 9th birthdays! 🎉)
- **Wednesday, August 10th, 10am–12pm**
- **Thursday, August 11th from 2–4pm**

If you would like more information or plan to phone bank with us, please rsvp by emailing [inbal@seniorcaucus.org](mailto:inbal@seniorcaucus.org).

**LA ATENCIÓN  
QUE  
NECESITAS...**



**NO DEBERÍA  
COSTARTE  
UN DINERAL.**

**Obtén la atención que necesitas  
sin las facturas médicas elevadas.**

Ahora hay planes de salud de bajo costo, incluso gratuitos, para ti y para tu familia. Todos los planes cubren las consultas médicas, las hospitalizaciones, la atención a la maternidad, los servicios de salud mental, las recetas y mucho más.

Consulta [healthcare.gov](https://www.healthcare.gov) o llama al 1-800-318-2596 para solicitarlo. La asistencia está disponible por teléfono o en persona.

Low-cost, even free health plans are available for you and your family now. All plans cover doctor visits, hospitalizations, maternity care, mental health services, prescriptions, and more.

Visit [healthcare.gov](https://www.healthcare.gov) or call 1-800-318-2596 to apply.

**Healthcare Coverage for Seniors,  
regardless of immigration status**

To see if you are eligible, call: 773-751-7062.



## **Healthcare Coverage available for seniors regardless of immigration status**

You might be eligible for health insurance through Illinois' Medicaid to cover medical expenses like visits to your doctor, medications, hospitalization, and more!

Call to see if you are  
eligible: (773) 751-7062



llame para averiguar si eres  
elegible: (773) 751-7062

¡La cobertura de salud está disponible para personas mayores de bajos ingresos en Illinois, independientemente de su estatus de inmigración



# JOIN US



2022/23 MEMBERSHIPS NOW AVAILABLE.  
[CLICK HERE TO LEARN MORE.](#)





## JASC Care Collective & Justice in Aging Collaboration

Share your Home & Community Based Service (HCBS) Story!

The Senior Care Alliance is partnering with our allies at Justice in Aging to uplift senior stories about why home and community based services are vital for seniors to be able to age with dignity. Leading up to Older Americans month, we will be sharing member's stories on social media, with elected officials, and other allies to continue to grow momentum for the dire need for a new care infrastructure that includes HCBS. We will be collecting written stories of approx ~250 words plus a photo of you (or you and your loved one!). We can help you write your story out step by step!

Questions to consider:

- Share your connection: Why is it important that everyone has access to home and community based services? Do you have a personal connection of caring for a loved one, receiving care, or in need or receiving care but ineligible?
- Share a call to action: What should seniors have access to in their homes & communities? What are our demands so that all seniors have access to care?

To share your story email [jasc@seniorcaucus.org](mailto:jasc@seniorcaucus.org).



## Food Security Resources

If you need help finding food delivery services outside of the options below, or if you know of services that deliver to more neighborhoods, please contact [jasc@seniorcaucus.org](mailto:jasc@seniorcaucus.org). We'll be sure to share the information in a future edition of the Caucus Connection.

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### 49th Ward

- [Check out this website](#) for food delivery options in the 49th ward (some are applicable to other wards).

### Lakeview Pantry

- Offering monthly home delivery of groceries to the following zip codes: all of 60614, 60613, 60657, 60640, and 60660, as well as the eastern parts of 60647, 60625, 60618, and 60659.
- Deliveries are only made on Saturdays.
- [Click this link](#) for more information.

### Care for Real

- Free no-contact food pick up at the following locations:
  - [5339 N Sheridan](#) Monday 4–7pm, Wednesday and Friday 9am – 12pm, & Saturday 9am – 1pm
  - [1545 W Morse](#) Tuesday 12– 2pm

- [6921 N Ashland](#) Thursday 4–6pm
- [Click this link](#) for more information.

### **Pilsen Food Pantry**

- Free food delivery to residents who live within the following boundaries: North Avenue (north), 63rd Street (south), Central Park (west), and Cottage Grove (east).
- Call or text 773–812–3150 to see if you qualify for free delivery services.

### **Top Box**

- Offers low-cost seasonal produce and protein delivery.
- Serves all of Cook County.
- To place an order, [click this link](#) or call (312) 527–7890, x200.
- SNAP benefits are accepted.





## Caucus Healing Circles

In this difficult time we invite you to join us monthly for leader-led [Caucus Healing Circles](#).

Healing Circles are part of a rich restorative tradition from Black and Brown communities and promote healing as revolution, challenge the dominant narrative, and encourage mutual aid among participants and the wider community.

Circles provide a space for JASC members to share their stories, resiliency, fears, joys, and grief.

Through healing we find the strength to continue our work as organizers.

Join us for the next JASC [Healing Circle](#)!



## Eviction Resources

- **Don't Self Evict:** only the Cook County Sheriff's Office can carry out an eviction; your landlord cannot remove you from your home.
- **Get Legal Help:** call 312-347-7600, visit [rentervention.com](http://rentervention.com), or text "hi" to 866-7RENTER.
- **Get Financial Help:** you may be eligible for up to 15 months of assistance; check your status at [chicago.gov/RentHelp](http://chicago.gov/RentHelp)
- **Connect to a Shelter:** call 3-1-1 from anywhere in Chicago for placement.



## Jane Addams Story Collection Archive

If you haven't yet, please check out the [Senior Caucus Story Collection Archive](#).

The archive contains first hand accounts from leaders about their experience serving as caregivers, the ways they continue to fight for fair and affordable housing, and their vision for a future free from ageism, racism, and other forms of oppression.

If you would like to submit a story, email [jasc@seniorcaucus.org](mailto:jasc@seniorcaucus.org).

Visit the Archive



## IL Long-Term Care Ombudsman Program

### **Resident & Family Support Council**

Meets every Tuesday at 3pm

The State Long-Term Care Ombudsman Program created this group to educate and connect people about issues relating to residents and families in the long-term care system.

There is time for question and answer and resource sharing at each meeting.

Agenda is determined by attendee input.

More Info

\*\*\* Helpful Resources \*\*\*



## Aid Organizations

Click below for a comprehensive list of state and local resources.

[Get Help Now](#)



## COVID-19 Resources

Click below for a list of resources for seniors affected by COVID-19.

[COVID-19 Aid](#)



## Community Safety Toolkit

Click below for a collection of security and safety practices.

[Safety Toolkit](#)

[BECOME A SENIOR CAUCUS MEMBER TODAY!](#)

Jane Addams Senior Caucus



Jane Addams Senior Caucus is a multiracial, grassroots organization led by concerned seniors in the Chicago metropolitan area. Through leadership development, organizing and popular education, we use the power of our collective voice to work for economic, social and racial justice for all seniors and our communities.